

FLAT WATER WINTER LEAGUE RULES

The main aim of the rules of the winter league is that the frequent paddler and the paddler that improves are favored most. Therefore anybody can win the winter league.

1. The time trails from the beginning of April up the end of August are divided into K1 and K2. Alternating every week.
2. There is also 5 flat water races, 3 x K1 and 2 x K2 races. Based on marathon rules.
3. You can paddle in what you want when you want, and you will get the benefit of bettering your time. We still have K1 and K2 nights so that the majority of boats at a specific time trail is K1 or K2. It will make for interesting tactical choices of what boat to use, but members only paddling K1, K2 or K3 are not disadvantaged if for instance it is a K1 night and they do not have K1's. Like our girly K3 and the 3 musketeers.
4. For K1 your average over the past 5 TT's are used as your bench mark. See attached list. If you have not paddle 5 TT's then your benchmark will only be calculated after the 5th TT.
5. For K2 we will use your best time of last year. If no time is available then the first time you paddle with a person, that time will be your benchmark. You are more likely to improve with a new partner after the first time.
6. You will earn 10 points for attending a time trial, or race. Both paddlers will get the same number of points for K2 and K3.
7. You can earn 1 point for every second that you better your benchmark time. The same for a K2 and K3 combination. Both paddlers will earn 1 point for each second a K2 combination better their benchmark time.
8. You will also earn points for your position in the races, but not for time trails. The last boat at a race will earn 5 points, the second last 6 points, the third last 7 points and so on. The winner will get 4+the number of boats entered. Therefore if there are 12 boats, the winner will get a max of 16 points. Bettering your previous race time will earn you 1 point for each second. So, you do not have to win races. Just compete and improve your PB. But the fast paddlers will have the opportunity to earn a numbers of points during races. (This points can be made more to give the top guys little more points during races)
9. However, if you paddle a race in a K1 and it is a K2 race, you will earn no points for your position, only for attending.
10. You do not earn any points for your position at time trails.
11. Below is a list with the time trail and race type and dates.

DATE	TYPE	RACE TYPE
2011/04/05	K1	
2010/04/09		20km K1
2010/04/12	K2	
2010/04/19	K1	
2010/04/26	K2	
2010/05/03	K1	
2010/05/07		20km K2
2010/05/10	K2	
2010/05/17	K1	
2010/05/24	K2	
2010/05/31	K1	
2010/06/04		20km K1
2010/06/07	K2	
2010/06/14	K1	
2010/06/21	K2	
2010/06/28	K1	
2010/07/05	K2	
2010/07/09		20km K2
2010/07/12	K1	
2010/07/19	K2	
2010/07/26	K1	
2010/08/02	K2	
2010/08/06		20km K2
2010/08/09	K1	
2010/08/16	K2	
2010/08/23	K1	